

A vibrant spring-themed graphic for a cleaning checklist. It features a central black rectangle with white and pink text. The background is a collage of bright colors: a pink dustpan with a green handle, a green dustpan with a pink flower-shaped brush head, a green bucket, a green cloth, and a pink cloth. There are also white flowers and a dark branch in the foreground.

Fit Frugal Life's

SPRING CLEANING
CHECKLISTS

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Kitchen

GTSM

Giveaway, Trash, Store, Move

Inner

- o Clean Dishwasher
- o Clean oven
- o Clean microwave
- o Empty cabinets 1 @ a time
- o GTSM* cabinet items
- o Wipe out cabinets
- o Replace cabinet items
- o Empty drawers 1 @ a time
- o GTSM* drawer contents
- o Wipe out drawers
- o Replace drawer items
- o Deodorize garbage disposal
- o Clean out fridge *GTSM
- o Wipe shelves in fridge
- o Put liners on shelves
- o Replace food
- o
- o
- o

Outer

- o Dust ceiling fixtures
- o Wash dirty dishes
- o Remove everything from counters
- o Clean counters
- o Replace only what is used daily
- GTSM*
- o Clean Stovetop
- o Clean other small applic
- o Wipe down cabinets
- o Clean walls & baseboards
- o
- o
- o
- o
- o

Living Room & Bath

GTSM

Giveaway, Trash, Store, Move

Living Room

- o Dust ceiling fans
- o Vacuum ceiling cobwebs
- o Wash/Vacuum curtains
- o Dust blinds
- o Clean windows
- o Wash blankets & throw pillows
- o Replace light bulbs
- o *GTSM room
- o Wipe down/vacuum furniture
- o Dust shelves & pictures
- o Replace old pictures with new ones
- o Clean tables
- o Move furniture & clean under
- o Vacuum entire room
- o
- o

Bathroom

- o *GTSM first
- o Clean shower top to bottom
- o Clean toilet
- o Clean sink & counters
- o Clean out cabinets
- o Take off fan cover & clean
- o Clean walls & baseboards
- o Replace light bulbs
- o Sweep & Mop floors
- o Hang clean towels
- o Stock toilet paper, hand soap & toiletries
- o
- o

Bedrooms

GTSM

Giveaway, Trash, Store, Move

Master

- o Dust ceiling fans
- o Vacuum ceiling cobwebs
- o Wash/Vacuum curtains
- o Dust blinds
- o Clean windows
- o Wash bedding
- o Replace light bulbs
- o *GTSM room
- o Organize drawers
- o Replace batt smoke detectors
- o Dust furniture, shelves, pictures
- o Move furniture & clean under
- o Vacuum entire room
- o
- o

Kids/Spare

- o Dust ceiling fans
- o Vacuum ceiling cobwebs
- o Wash/Vacuum curtains
- o Dust blinds
- o Clean windows
- o Wash bedding
- o Replace light bulbs
- o *GTSM room
- o Organize toys
- o Organize drawers
- o Replace batt smoke detectors
- o Dust furniture, shelves, pictures
- o Move furniture & clean under
- o Vacuum entire room
- o
- o

Office / Bonus Room

GTSM

Giveaway, Trash, Store, Move

Office

- o Dust ceiling fans
- o Vacuum ceiling cobwebs
- o Wash/Vacuum curtains
- o Dust blinds
- o Clean windows
- o Replace light bulbs
- o *GTSM room
- o File or shred papers
- o Organize drawers
- o Clean computer tower, monitor, and keyboard
- o Back up your computer & delete unwanted files
- o Dust furniture, shelves, pictures
- o Move furniture & clean under
- o Vacuum entire room
- o Replace batt smoke detectors & bulbs

Bonus Room

- o Dust ceiling fans
- o Vacuum ceiling cobwebs
- o Wash/Vacuum curtains
- o Dust blinds
- o Clean windows
- o Replace light bulbs
- o *GTSM room
- o Organize drawers
- o Replace batt smoke detectors
- o Dust furniture, shelves, pictures
- o Move furniture & clean under
- o Vacuum entire room
- o
- o

Laundry & Cleaning

GTSM

Giveaway, Trash, Store, Move

Laundry Room

- o **Fold & put away clothes**
- o **Vacuum ceiling cobwebs**
- o ***GTSM room**
- o **Clean out dryer vent & hose**
- o **Wash out washer**
- o **Wipe down washer & dryer**
- o **Clean hampers**
- o **Replace light bulbs**
- o **Sweep and mop floors**
- o **Replace batt smoke detectors**
- o **Clean hampers**
- o **Dust furniture, shelves, pictures**
- o **Move furniture & clean under**
- o **Vacuum entire room**

Cleaning Cabinets

- o **Take everything out**
- o **Throw away expired & empty containers**
- o **Wipe down shelves**
- o **Replace cleaners**
- o **Buy or prepare fresh cleaners**
- o **Replace filters around house**
- o
- o

Storage

GTSM

Giveaway, Trash, Store, Move

Garage

- o ***GTSM room**
- o **Replace light bulbs**
- o **Replace batt smoke detectors**
- o **Take out trash**
- o **Sweep & ckeab floor**
- o
- o

Closets

- o ***GTSM room**
- o **Organize shelves**
- o **Hang all clothes (hangers facing backwards)**
- o **Throw away broken hangers**
- o **Vacuum**
- o
- o

Purse & Car

GTSM

Giveaway, Trash, Store, Move

Purse

- o **Dump the purse out**
- o ***GTSM**
- o **Wipe clean, or replace with new one**
- o **Only put back what you need**
- o
- o
- o

Car

- o **Get all things out of the car and put into a tub or basket**
- o ***GTSM**
- o **Vacuum dash, console, doors & any other hard surfaces**
- o **Wipe down all hard surfaces**
- o **Vacuum & wipe down seats**
- o **Vacuum carpets**
- o **Vacuum floors & trunk**
- o **Clean interior windows & mirrors**
- o **Replace only necessities back into car (GTSM)**
- o **Add air freshener**
- o
- o
- o